



# newsletter

3rd edition, October 2025

## About the MIND project

Critical thinking (CT) is vital for developing life skills, adaptability, and employability across all age groups. Yet, many adult educators and learners lack the knowledge and practice to fully harness its power, as CT has often been confined to formal education. This project seeks to bridge that gap by strengthening the skills of adult educators and empowering learners to apply CT in every aspect of their lives — personally, professionally, and socially.



CRITICAL THEORY IN  
ADULT EDUCATION PRACTICE:  
EMPOWERMENT FOR CRITICAL ACTIONS

## Project Updates

- The MIND Programme has been successfully piloted with adult learners across all partner countries, reaching diverse groups of participants and testing the activities designed in the previous phases.
- Following the piloting, partners have completed the Peer-to-Peer Learning phase, where trained learners shared their new knowledge and experiences with peers in their communities, extending the project's impact beyond the classroom.
- The MIND Critical Thinking Programme and Toolkit have now been digitalized and are available as interactive online learning modules,

“Critical thinking is thinking about your thinking while you’re thinking, in order to make your thinking better.”

Richard Paul







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## Training Learners

After the educators' training, partners piloted the MIND Programme with adult learners in Lithuania, Latvia, Romania, and Croatia. The sessions offered a mix of guided reflection, group discussion, and hands-on problem-solving activities aimed at helping participants recognize assumptions, assess information reliability, and make thoughtful decisions in everyday contexts. Learners practiced how to ask powerful questions, listen actively, and look at issues from multiple perspectives. The piloting showed that critical thinking can be both engaging and empowering, especially when it connects to real-life challenges such as workplace decisions, community involvement, or digital media use.



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## Peer-to-Peer Learning

The Peer-to-Peer Learning phase gave adult learners the chance to continue their critical thinking journey beyond the classroom. Working in pairs — and in some cases small trios — they became both teachers and learners, exploring everyday issues through open dialogue and reflection. Each peer group met several times, sometimes in person and sometimes online, to exchange perspectives, question assumptions, and apply critical thinking to real situations. Their reflections were recorded in Peer Learning Journals, capturing how their thinking evolved through discussion, disagreement, and shared discovery. These journals revealed a genuine sense of curiosity and connection: learners reported that explaining ideas to others helped them understand their own thinking more clearly.



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## Next steps in the project



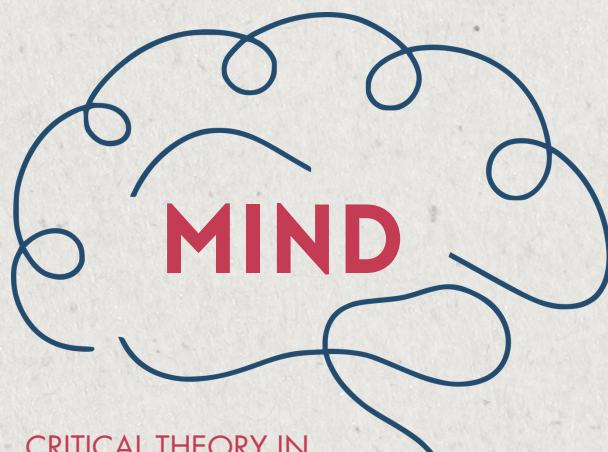
Partners will finalize the digital platform hosting the MIND Programme and Toolkit, making all materials freely accessible to educators and learners.



Preparations are already underway for the Final MIND Conference in Romania, which will gather educators, learners, and stakeholders to present the project's outcomes, digital tools, and inspiring practices in critical thinking.



Partners will continue to disseminate results through EPALE articles, social media campaigns, and national multiplier events, ensuring that MIND's impact extends well beyond the project's lifetime.



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